



LET IT GO

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Come Home from Your
GUILT TRIP



MARK ATTEBERRY

Four Dangers Of Perfectionism

- I. Perfectionism will make it very hard for you to be CONTENT.

A man might have a hundred children and live to be very old. But if he finds no satisfaction in life and doesn't even get a decent burial, it would have been better for him to be born dead.

~ Ecclesiastes 6:3

True godliness with contentment is itself great wealth.

~ 1 Timothy 6:6

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- I. Perfectionism will make it very hard for you to be CONTENT.
- II. Perfectionism will tempt you to focus more on your PERFORMANCE than on your HEART.

Guard your heart above all else, for it determines
the course of your life.

~ Proverbs 4:23

Don't judge by his appearance or height, for I have rejected him. The Lord doesn't see things the way you see them. People judge by outward appearance, but the Lord looks on the heart.

~ 1 Samuel 16:7

On judgment day many will say to me "Lord! Lord! We prophesied in your name and performed many miracles in your name." But I will reply, "I never knew you."

~ Matthew 7:22-23

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- II. Perfectionism will tempt you to focus more on your PERFORMANCE than on your HEART.
- III. Perfectionism will erode your RELATIONSHIPS.

Two Reasons

1. Perfectionism creates an obsession with things.
2. Perfectionism is annoying.

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- III. Perfectionism will erode your RELATIONSHIPS.
- IV. Perfectionism will cause you to live in FEAR.

You have not received a spirit that makes you fearful slaves.

~ Romans 5:15

We now have this light shining in our hearts, but we ourselves are like fragile clay jars containing this great treasure. This makes it clear that our great power is from God, not from ourselves.

~ 2 Corinthians 4:7

Even before he made the world, God loved us and chose us in Christ to be holy and *without fault in his eyes*.

~ Ephesians 1:4



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