

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

~ Galatians 5:22-23

# Jesus was sleeping at the back of the boat with his head on a cushion.

~ Mark 4:38a

The disciples woke him up, shouting, "Teacher, don't you care that we're going do drown?"

~ Mark 4:38b

Why are you afraid? Do you still have no faith?

~ Mark 4:40

#### **Two Foundational Points**

- 1. Peace is a feeling of security and confidence that carries you calmly through the storms of life.
- 2. This kind of peace is tied to our faith.

### **Three Things To Do If You Want Peace**

I. GET RIGHT WITH GOD.

Good Teacher, what must I do to inherit eternal life?

~ Mark 10:17



# **Three Things To Do If You Want Peace**

- I. GET RIGHT WITH GOD.
- II. GET RID OF THE JUNK IN YOUR LIFE.

Since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up.

~ Hebrews 12:1

# **Three Things To Do If You Want Peace**

- I. GET RIGHT WITH GOD.
- II. GET RID OF THE JUNK IN YOUR LIFE.
- III. PRAY.

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

