



LONG-HAUL CHRISTIANITY





Let us run with endurance the race God
has set before us.

~Hebrews 12:1



People will be terrified at what they see
coming upon the earth.

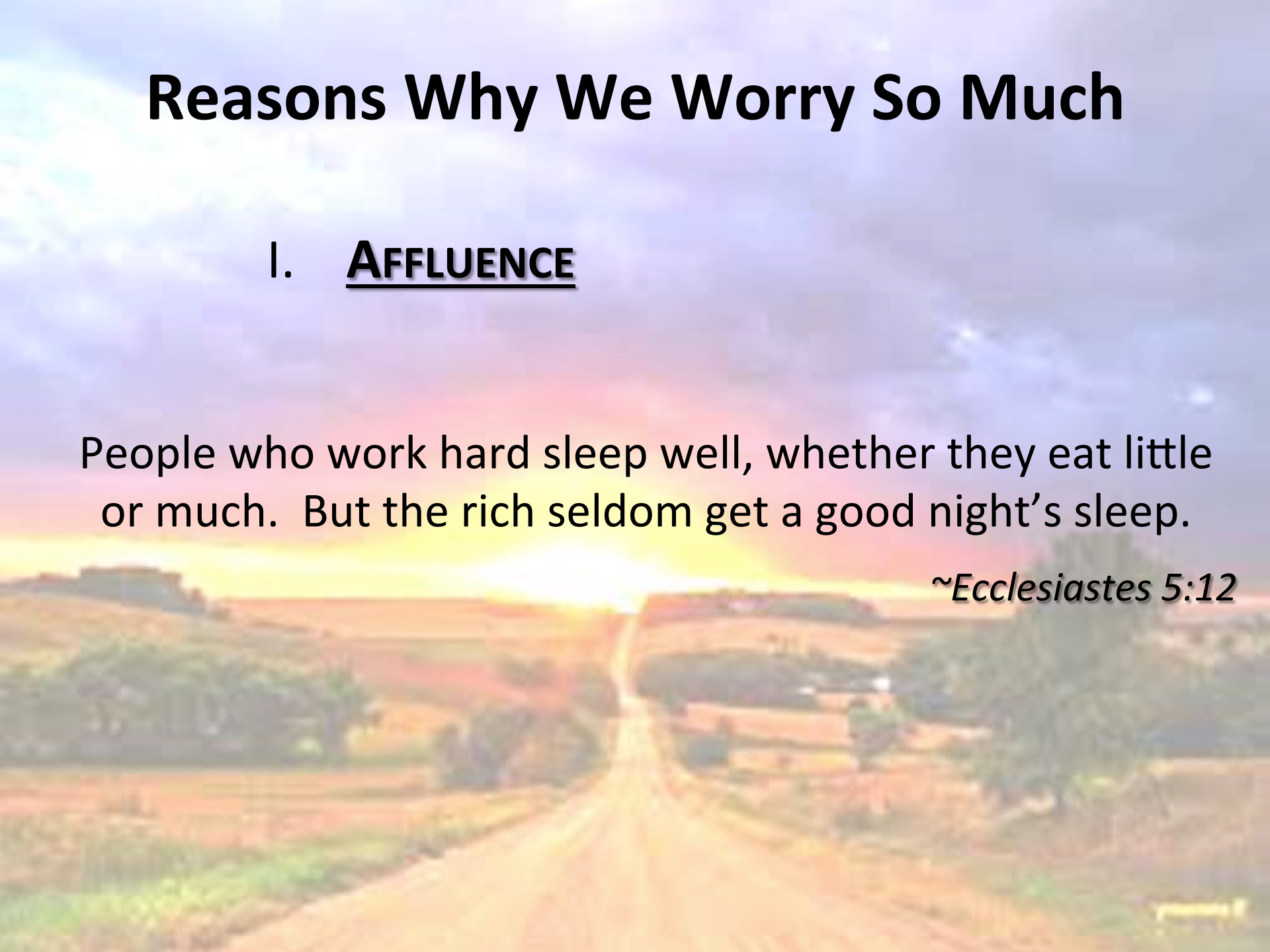
~Luke 21:26

Reasons Why We Worry So Much

I. AFFLUENCE

People who work hard sleep well, whether they eat little or much. But the rich seldom get a good night's sleep.

~Ecclesiastes 5:12



Reasons Why We Worry So Much

- I. **AFFLUENCE**
- II. **THE MEDIA**
- III. **TECHNOLOGY**

Don't let your hearts be troubled.

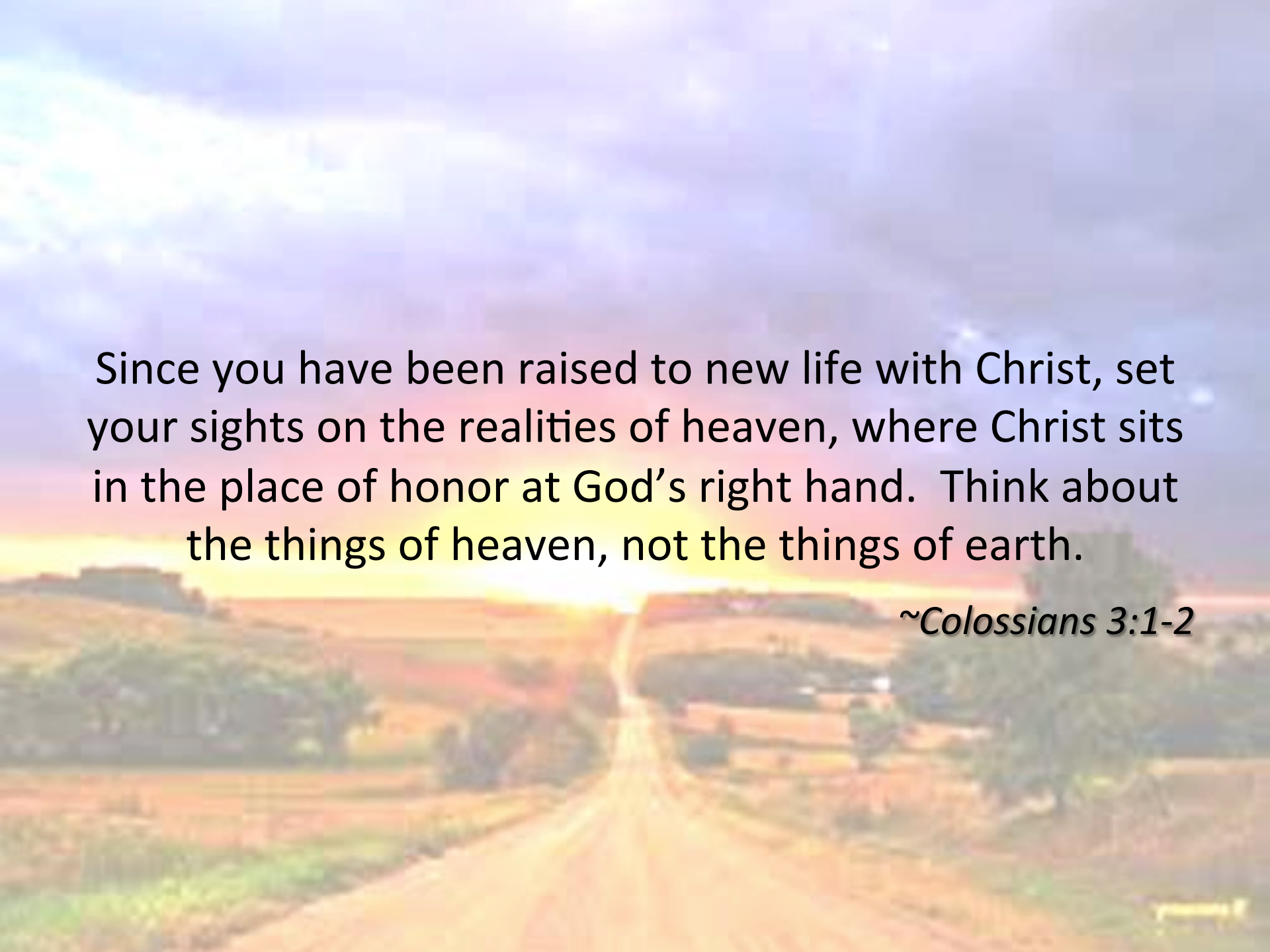
~John 14:1

Why Worrying Is Wrong

- I. It LOCKS YOUR FOCUS IN ON THE THINGS OF THIS WORLD.

Don't worry about these things, saying, "What will we eat? What will we drink? What will we wear?" These things dominate the thoughts of unbelievers.

~Matthew 6:31-32

A scenic landscape featuring a dirt road that curves through a field of dry, golden-brown grass. In the distance, a bright sun is setting or rising, creating a strong glow and casting long shadows. The sky is filled with soft, white clouds. The overall atmosphere is peaceful and hopeful.

Since you have been raised to new life with Christ, set your sights on the realities of heaven, where Christ sits in the place of honor at God's right hand. Think about the things of heaven, not the things of earth.

~Colossians 3:1-2

Why Worrying Is Wrong

- I. It LOCKS YOUR FOCUS IN ON THE THINGS OF THIS WORLD.
- II. It is always AN EXERCISE IN FUTILITY.

Can all your worries add a single moment to your life?

~Matthew 6:27

Why Worrying Is Wrong

- I. It LOCKS YOUR FOCUS IN ON THE THINGS OF THIS WORLD.
- II. It is always AN EXERCISE IN FUTILITY.
- III. It DESTROYS YOUR WITNESS.

Why do you have so little faith?

~Matthew 7:30

Three Things You Can Do

- I. Begin to appreciate God's LOVE FOR YOU.

Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. *Are you not much more valuable than they?*

~Matthew 6:26

Three Things You Can Do

- I. Begin to appreciate God's LOVE FOR YOU.
- II. Acknowledge God's FAITHFULNESS.

Once I was young, and now I am old. Yet I
have never seen the godly abandoned or their
children begging for bread.

~Psalm 37:25

Three Things You Can Do

- I. Begin to appreciate God's LOVE FOR YOU.
- II. Acknowledge God's FAITHFULNESS.
- III. Focus primarily on the SPIRITUAL.

Seek the Kingdom of God above all else,
and live righteously, and he will give you
everything you need.

~Matthew 6:33

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