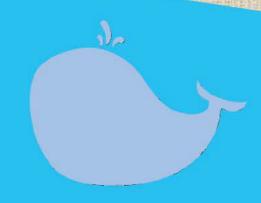
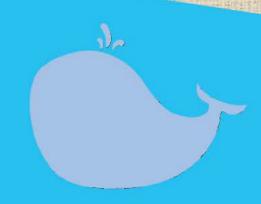


Then Jonah prayed to the Lord his God from inside the fish. He said, "I cried out to the Lord in my great trouble, and He answered me. I called to You from the land of the dead, and Lord, You heard me! You threw me into the ocean depths, and I sank down to the heart of the sea. The mighty waters engulfed me; I was buried beneath Your wild and stormy waves.

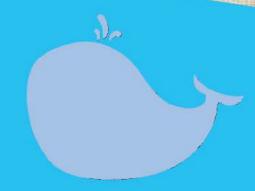


Then I said, 'O Lord, You have driven me from Your presence. Yet I will look once more toward Your holy Temple.' "I sank beneath the waves, and the waters closed over me. Seaweed wrapped itself around my head. I sank down to the very roots of the mountains. I was imprisoned in the earth, whose gates lock shut forever. But You, O Lord my God, snatched me from the jaws of death!



As my life was slipping away, I remembered the Lord. And my earnest prayer went out to You in Your holy Temple. Those who worship false gods turn their backs on all God's mercies. But I will offer sacrifices to You with songs of praise, and I will fulfill all my vows. For my salvation comes from the Lord alone." Then the Lord ordered the fish to spit Jonah out onto the beach.

Jonah 2:1-10



1. Jonah <u>cried out</u> to God and God <u>heard</u>.

Then Jonah prayed to the Lord his God from inside the fish. He said, "I cried out to the Lord in my great trouble, and He answered me. I called to You from the land of the dead, and Lord, You heard me!

Jonah 2:1-2 (NLT)

- 1. Jonah cried out to God and God heard.
- 2. Jonah gave an account of his experience.

"I sank beneath the waves, and the waters closed over me. Seaweed wrapped itself around my head. I sank down to the very roots of the mountains. I was imprisoned in the earth, whose gates lock shut forever. But You, O Lord my God, snatched me from the jaws of death!"

Jonah 2:5-6 (NLT)

- 1. Jonah <u>cried out</u> to God and God <u>heard</u>.
- 2. Jonah gave an account of his experience.
- 3. Jonah <u>remembered</u> God.

As my life was slipping away, I remembered the Lord. And my earnest prayer went out to You in Your holy Temple.

Jonah 2:7 (NLT)

- 1. Jonah <u>cried out</u> to God and God <u>heard</u>.
- 2. Jonah gave an account of his experience.
- 3. Jonah remembered God.
- 4. Jonah warned others.

Those who worship false gods turn their backs on all God's mercies.

Jonah 2:8 (NLT)

- 1. Jonah <u>cried out</u> to God and God <u>heard</u>.
- 2. Jonah gave an account of his experience.
- 3. Jonah remembered God.
- 4. Jonah warned others.
- 5. Jonah recommitted his vow.

But I will offer sacrifices to You with songs of praise, and I will fulfill all my vows.

Jonah 2:9a (NLT)

- 1. Jonah cried out to God and God heard.
- 2. Jonah gave an account of his experience.
- 3. Jonah remembered God.
- 4. Jonah warned others.
- 5. Jonah recommitted his vow.
- 6. Jonah declared that it is God alone who saves.

For my salvation comes from the Lord alone. Jonah 2:9b (NLT)



